BERGVLIET HIGH SCHOOL

LIFE ORIENTATION

Grade 8

November Control Test 2025

70 MARKS

Examiner: Ms Daniels **Moderators: Mrs Edwards and Ms Murphy**

Time: 1 ½ hours

Name:			
Class:		**Teacher:**	**Da / Ed**

	Compulsory			**Choose 2**			**Achieved**	
	Q1 (25)	**Q2 (15)**	**Q3 (10)**	**Q4 (10)**	**Q5 (10)**	**Q6 (10)**	**Total (70)**	**(/100)**
Mark Obtained								
Moderated Mark								

INSTRUCTIONS AND INFORMATION

1. This question paper consists of **THREE sections:**

    - **SECTION A** (25 marks) – *Compulsory (Question 1)*
    - **SECTION B** (25 marks) – *Compulsory (Question 2 and Question 3)*
    - **SECTION C** (20 marks) - *Choose TWO Questions*

2. **Answer ALL questions** in Sections A and B.
3. **Answer any TWO questions** in Section C.
4. **Read ALL the questions carefully** before answering.
5. **Number your answers** according to the numbering system used in this question paper.
6. **Write neatly and legibly.**
7. **Mark allocation guide:**

    - (1x1): one fact
    - (1x2): one fact and explanation.
    - (1x3): one fact, explanation, and outcome.

This question paper consists of **8 pages**, and **6 questions.**

ATTACH THE COVER PAGE OF THE QUESTION PAPER TO YOUR ANSWER SHEET.

SECTION A

Answer **ALL** the questions in this section.

Question 1

1.1. Various options are provided as possible answers to the following questions. Choose the correct answer and write only the letter (A–D) next to the question numbers (1.1.1 to 1.1.5) in the answer book, for example, 1.1.6. D.

1.1.1. What does HIV attack in the human body?

A. The digestive system.
B. The skin and muscles.
C. The immune system.
D. The nervous system.

1.1.2. What kind of activities are most suitable for someone who enjoys hands-on tasks?

A. Theoretical activities
B. Group discussions
C. Practical activities
D. Written assessments

1.1.3. What is one way HIV can be transmitted?

A. Through handshakes.
B. Through sharing food.
C. Through unprotected sex.
D. Through mosquito bites.

1.1.4. How can people manage HIV/AIDS to live a healthy life?

A. By ignoring their diagnosis.
B. By using traditional remedies only.
C. By taking antiretroviral medication.
D. By avoiding all medical treatment.

1.1.5 Which of the following is a reliable source of support for victims of gender-based violence?

A. A local gang member who offers help.
B. A friend who encourages revenge.
C. A counsellor at their school or work.
D. A classmate who agrees to keep quiet.

(5 x 1) (5)

1.2. Choose a description from COLUMN B that matches an item in COLUMN A. Write only the letter (A–G) next to the question numbers (1.2.1 to 1.2.5) in the answer book.

COLUMN A		COLUMN B	
1.2.1	Communication skills	A.	Protects communities against rape and other sexually related crimes.
1.2.2	Criminal Law Amendment Act	B.	Chemicals, litter and sewage that contaminates rivers, lakes and the ocean.
1.2.3	Air pollution	C.	Allows a learner to break down complex problems into smaller, more manageable parts.
1.2.4	Water pollution	D.	Talking and listening to others effectively.
1.2.5	Analytical thinking skills	E.	Being aware of oneself.
		F.	Smoke from factories and cars that causes breathing problems.

(5 x 1) (5)

1.3. Select ONE term from the box for EACH of the following descriptions. Write only the correct word/term next to the question numbers (1.3.1 to 1.3.5).

Passions, Climate Change, Teamwork, Gender-Based Violence, Human Rights

1.3.1. A skill that requires working effectively with other members of a group to complete a task.

1.3.2. The fundamental freedoms and protections that belong to all people.

1.3.3. The term used to describe the unusual extreme weather conditions experienced on Earth.

1.3.4. The psychological, emotional, sexual or economic violence that occurs because of unequal power relationships between genders in society.

1.3.5. Activities or hobbies that make you feel excited and happy.

(5 x 1) (5)

[15]

1.4. Answer the following questions by writing the answers next to the question numbers (1.4.1 to 1.4.5) in the answer book. Write your answers in full sentences.

1.4.1. Define the concept *'domestic violence'*. (1 x 2) (2)

1.4.2. Provide TWO causes of domestic violence. (2 x 1) (2)

1.4.3 Discuss TWO consequence that domestic violence can have on a teenager. (2 x 2) (4)

1.4.4 Explain where a learner, who may be affected by domestic violence, can seek help. (1 x 2) (2)

[10]

[TOTAL SECTION A: 25 MARKS]

SECTION B

Answer **ALL** the questions in this section.
Write your answers in full sentences**.**

Question 2

Read the extract below and answer the questions that follow.

For ALL Women and Girls: Rights. Equality. Empowerment
#ForAllWomenAndGirls

On 8 March 2025, the United Nations celebrated International Women's Day under the theme "For ALL Women and Girls: Rights. Equality. Empowerment." The theme promotes equal rights, power, and opportunities for all, and encourages empowering young people—especially women and girls—to lead lasting change.

[Adapted from: https://www.un.org/en/observances/womens-day Accessed on 18 July 2025]

2.1. Define the term *'human rights'*. (1 x 2) (2)

2.2. Human dignity is a human right. State TWO responsibilities necessary to uphold this right. (2 x 1) (2)

2.3. Explain the difference between gender equity and gender equality. (2 x 2) (4)

2.4. Explain TWO reasons countries need to have laws which prevent violence against women. (2 x 2) (4)

2.5. Suggest ONE practical way that communities can challenge harmful gender stereotypes. (1 x 3) (3)

[15]

Question 3

Read the extract below and answer the questions that follow.

Africa's fight against plastic pollution gathers pace as Uganda bans single-use carry bags

Africa's fight against plastic pollution is growing, with Uganda becoming the 12th country to ban single-use plastics that pollute water, land, and cities. In South Africa, the National Environmental Management Act (NEMA) supports this movement by promoting environmental health.

[Adapted from https://www.downtoearth.org.in/ Accessed on 18 July 2025]

3.1. Define the term '*environmental health*'. (1 x 2) (2)

3.2. Discuss ONE reason why having the National Environment Management Act (NEMA) is important for South Africa's well-being. (1 x 2) (2)

3.3. Suggest TWO practical ways in which a learner can manage waste in their home. In your answer, also indicate how this action could lead to a healthier overall environment. (2 x 3) (6)

[10]

[TOTAL SECTION B: 25 MARKS]

SECTION C

Answer any **TWO** questions in this section.

Your responses must consist of paragraphs.
Marks will only be allocated for responses written in full sentences.

Question 4

Read the extract below and answer the questions that follow.



The treatment for HIV is called antiretroviral therapy (ART). It involves taking a combination of HIV medicines regularly. ART cannot cure HIV but helps people live long, healthy lives and reduces the risk of transmission. Taking ART as prescribed also prevents drug resistance.

[Adapted from https://www.who.int Accessed on 17 July 2025]

Write paragraphs on **the management of HIV treatment**.

Use the following as a guideline:

- Define the term *'transmission'* when referring to HIV. (1 x 2) (2)
- Discuss TWO reasons why maintaining a regular schedule of ARVs is necessary for a person who is HIV positive. (2 x 2) (4)
- Critically discuss ONE way in which a loved one can assist a person who is HIV positive. (1 x 4) (4)

[10]

Question 5

Read the extract below and answer the questions that follow.



South Africa faces a crisis of silence around sexual offences and gender-based violence. This silence allows offenders to thrive, causing deep harm to survivors and their families. A lack of accountability persists as society ignores these crimes, despite many being aware of them.

[Adapted from https://mg.co.za/ Accessed on 17 July 2025]

Write paragraphs on the **impact of gender-based violence**.

Use the following as a guideline:

- Define the term *'sexual offences'*. (1 x 2) (2)
- Discuss TWO negative social impacts that gender-based violence can have on a community. (2 x 2) (4)
- Critically discuss ONE strategy that schools could implement to combat the negative impacts that gender-based violence may have on their learners.

(1 x 4) (4)

[10]

Question 6

Read the extract below and answer the questions that follow.



Youth Month honours young activists, but teachers have also united for change since the Teachers League of South Africa began in 1913. Teachers play an important role in shaping and strengthening our country.

[Adapted from https://mg.co.za/t Accessed on 27 July 2025]

Write paragraphs on **nation-building**.

Use the following as a guideline:

- Define the term *'nation-building'*. (1 x 2) (2)
- Discuss TWO benefits of including ideas of nation-building in the curriculum.

  (2 x 2) (4)
- Critically discuss ONE way in which schools can encourage nation-building.

  (1 x 4) (4)

[10]

[TOTAL SECTION C: 20 MARKS]

[FINAL TOTAL: 70 MARKS = 25 + 25 + 20]